





Q Location

Sport hall Arkadia Club and Sportcentrum, Kpt. Nálepku 1575/37 GALANTA

器 Participation Fee

Solo 30€* Duo/Trio 25€* Groups|Formations|Productions 15€*

*Per dancer, per performance!

*additional 10€ for those who haven't paid for the membership fee.

Bank account for fee: Deadline - 18.4.2025 IBAN: SK 83 8330 0000 0029 0208 5436

Notice: name of club/ GALA CUP SLOVAKIA 2025

If you need invoice – please send email at fitkids.slovakia@gmail.com with data until 26.4.2024. After that we will not accepted.

Registration

Registrate on international dance open register.com

Registration deadline is on April 11 or until the capacity is full!

INFORMATION fitkids.slovakia@gmail.com ibfffitkids.com

器 Fit Kids Solo A&B Categories

SOLO 1	3-5 years
SOLO 2	6 years
SOLO 3	7 years
SOLO 4	8 years
SOLO 5	9 years
SOLO 6	10 years
SOLO 7	11 years
SOLO 8	12 years
SOLO 9	13 years
SOLO JUNIOR 1	14-15 years
SOLO JUNIOR 2	16-17 years
BOYS 1	Under 10 years
BOYS 2	Over 10 years
SOLO JUNIOR 3	18+

器 Fit Kids

DUO (2)

TRIO (3)

GROUP (4-10)

FORMATION (11-15)

PRODUCTION (16+)

AGE CATEGORIES

BABY (3-5 Y)

MINI KIDS (5-8Y)

KIDS (9-11Y)

JUNIOR (12-14Y)

YOUTH (15-17Y)

SENIOR (18+Y)

매 Other Disciplines

ACRO DANCE (A&B category)
POLE DANCE
KIDS MISS FITNESS
FITNESS DANCE
KIDS FITNESS STAMINA (SOLO)

B Categories

SOLO (1)

DUO (2)

TRIO (3)

GROUP (4-10)

FORMATION (11-15)

PRODUCTION (16+)

B Age Categories

BABY (3-5 Y)

MINI KIDS (5-8Y)

KIDS (9-11Y)

JUNIOR (12-14Y)

YOUTH (15-17Y)

SENIOR (18+Y)

III Music Time Limits

Solo 2.30 min

Duo | Trio 3.00 min

Group 5.00 min

Formation 6.00 min

Production 8.00 min

Music is uploaded on the registration website.

品 Awards

Medals and certificates for all of the contestants. Trophies for the first three places.

品 Tickets

1 Day Ticket 8€

1 Day Ticket 3€ Children up to 6yo.

器 Floor

Area: 10x10 tatami

Information

fitkids.slovakia@gmail.com, Milada Hajči – +421 911 292 234

Ⅲ Pole Dance/Pole Art

- 1. The participants will compete on two X-POLE STAGE LITE poles. One will have a static mode (to the left, from the audience's point of view) and the other will have a rotating mode (to the right from the audience's point of view). The diameter of the pole is 45 mm, the surface is chrome; the distance between the pole stages will be approx. 3.5 meters up to 4 meters.
- 2. Music can be both instrumental and with vocals. For the length of the song, see the general rules of the competition.
- 3. Costumes must meet the standard pole dance/pole art competition rules and must be of a sporty nature one or two-piece clothing. Hair must be tied back and combed upwards. Makeup can reflect the performance. Accessories and props are allowed.
- 4. Grips are allowed only magnesium of any manufacturer.
- 5. The choreography should be composed on both poles. Each age category chooses 2 elements from the FLEXIBILITY ELEMENTS category, 2 elements from the STRENGTH ELEMENTS category and 1 DEADLIFT. Elements must be selected from the provided list in the range 0.1 to 1.0.
- 6. Elements with a code and their exact order in the choreography must be sent to polediva.ke@gmail.com by 31 March 2025.