

**21**  
**JUNE**

**IBFF FIT KIDS**  
**CHAMPIONSHIP OF THE SLOVAK REPUBLIC**

**Košice**  
**Slovakia**  
**2025**



[ibffitkids.com](http://ibffitkids.com)

## **Location**

Hotelová Akademia, Južná trieda 10, Košice

## **Participation Fee**

Solo 30€\*

Duo/Trio 25€\*

Groups|Formations|Productions 15€\*

\*Per dancer, per performance!

\*additional 10€ for those who haven't paid for the membership fee.

Bank account for fee : do 15.6.2025

IBAN: SK 83 8330 0000 0029 0208 5436

Notice : name of club/CHAMPIONSHIP  
SLOVAKIA 2025

If you need invoice – please send email on  
fitkids.slovakia@gmail.com with data until  
13.6.2025. after that we will not accepted.

## **Registration**

Registrate on  
[internationaldanceopenregister.com](http://internationaldanceopenregister.com)

Registration deadline is on 9 June or until full  
capacity!

INFORMATION

[fitkids.slovakia@gmail.com](mailto:fitkids.slovakia@gmail.com)

[www.ibfffitkids.com](http://www.ibfffitkids.com)

## **Fit Kids Solo A&B Categories**

SOLO 1	3-5 years
SOLO 2	6 years
SOLO 3	7 years
SOLO 4	8 years
SOLO 5	9 years
SOLO 6	10 years
SOLO 7	11 years
SOLO 8	12 years
SOLO 9	13 years
SOLO JUNIOR 1	14-15 years
SOLO JUNIOR 2	16-17 years
BOYS 1	Under 10 years
BOYS 2	Over 10 years
SOLO JUNIOR 3	18+

## **Fit Kids**

DUO (2)  
TRIO (3)  
GROUP (4-10)  
FORMATION (11-15)  
PRODUCTION (16+)  
**AGE CATEGORIES**  
BABY (3-5 Y)  
MINI KIDS (5-8Y)  
KIDS (9-11Y)  
JUNIOR (12-14Y)  
YOUTH (15-17Y)  
SENIOR (18+Y)

## **Other Disciplines**

ACRO DANCE

POLE DANCE

KIDS MISS FITNESS

FITNESS DANCE (A and B)

KIDS FITNESS STAMINA (SOLO)

## **Categories**

SOLO (1)

DUO (2)

TRIO (3)

GROUP (4-10)

FORMATION (11-15)

PRODUCTION (16+)

## **Age Categories**

BABY (3-5 Y)

MINI KIDS (5-8Y)

KIDS (9-11Y)

JUNIOR (12-14Y)

YOUTH (15-17Y)

SENIOR (18+Y)

## Pole Dance - propositions

1. The competition will be on 1x X-POLE STAGE LITE, spinning mode
2. The music can be both instrumental and vocal, the length ranging from 2 minutes 30 seconds to 3.00 minutes.
3. Costumes must meet the standard competition rules of the pole dancer, they must be of a sporty nature - one or two-piece clothing. Hair must be tied back and combed upwards. Makeup can reflect the performance.
4. Grips are allowed - Magnesium of any producer.
5. The choreography should be composed only on the rotating pole. And each age category chooses 3 elements from the FLEXIBILITY ELEMENTS category, 3 elements from the strength category - STRENGTH ELEMENTS and 1 DEADLIFT. Elements must be selected from the provided list of elements in the range of 0.1 to 0.5. It corresponds to the rules for amateur girls and juniors.
6. The elements with the code and their order in the choreography must be sent back to [polediva.ke@gmail.com](mailto:polediva.ke@gmail.com) by 30.5.2025.

INFO: email: [fitkids.slovakia@gmail.com](mailto:fitkids.slovakia@gmail.com), Milada Hajči – 0911 292 234

## **Music Time Limits**

Solo 2.30 min

Duo | Trio 3.00 min

Group 5.00 min

Formation 6.00 min

Production 8.00 min

Music is uploaded on the registration website.

## **Awards**

Medals and certificates for all of the contestants.

Trophies, medals and certificates for the first three places.

## **Tickets**

10,- Eur/day/person a 3,- Eur/day/children up 6 years old

# Accomodation

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Hotelová Akademia, Južná trieda 10, Košice - Garni  
Hotel Akademia \*\*  
<https://adminwebu.wixsite.com/mysite>  
fitkids.slovakia@gmail.com

Area: 10x10 tatami, warm-up area

Each club leader is responsible for their competitors and their health. The competitor must have an insurance card/responsible club leader/. Competitors compete at their own risk. The organizer is not responsible for any injuries.

During this event, VIDEO and PHOTO will be taken, which will be used to promote the event, the municipality, in the press, newspapers, municipal television, etc.

If you do not agree with your "capture" (photographing, video recording), please inform the organizer.